

## GLOBAL ADVENTURE WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>GLOBAL ADVENTURE</b>	<p><b>MEXICAN</b> Chicken Molay 93156759</p> <p>Mexican Yellow Rice * 93156761</p> <p>Green Beans 93153275</p>	<p><b>CHINESE</b> Aromatic Soy Pork with Egg Noodles 93070142</p> <p>Wok Tossed Oriental Vegetables 93130848</p>	<p><b>MEDITERRANEAN</b> Beef Pasticcio 93160009</p> <p>Garlic and Herb Bread Wedge * 93119266</p> <p>Broccoli 93143358</p>	<p><b>MEXICAN</b> Chicken Tinga Tortilla 93159934</p> <p>Tomato and Corn Rice 93159972</p> <p>Apple Slaw 93129265</p>	<p><b>BRITISH</b> Home-made Battered Fish Fillet 93105116</p> <p>Chips (oil) 93124814</p> <p>Baked Beans 93036011 OR Peas 93065563</p>
<b>HIGH STREET FAVES</b>	<p><b>DEEP SOUTH DINER</b> Bacon Mac n Cheese 93160004</p>	<p><b>WINGS &amp; THINGS</b> Lemon Piri Chicken Pitta 93156785</p>	<p><b>DEEP SOUTH DINER</b> Ultimate Cheese Burger 93156800</p>	<p><b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941</p>	<p><b>DEEP SOUTH DINER</b> Deep South Turkey Burger 93159954</p>
	<p>Cajun Bean and Feta Burger 93159953</p>	<p>Smoky Cauliflower Cheese 93156770</p>	<p>Sweet Potato &amp; Squash Stew 93101314</p>	<p>Sweetcorn Chickpea Veggie Burger 93153900</p>	<p>Boston Bean Casserole 93130977</p>
	<p>Paprika Potato Wedges (no oil) 93130895</p>	<p>New Orleans Red Bean Rice 93159957</p>	<p>Cajun Potato Wedges (no oil) 93157065</p>	<p>Potato and Onion Hash 93147111</p>	<p>Chips (oil) 93124814</p>
	<p>BBQ Beans 93129227</p>	<p>Chop Chop Salad 93153242</p>	<p>Peas 93065563</p>	<p>Caesar Salad 93129328</p>	<p>Corn Slaw 93153240</p>
<b>SPEEDY ITALIAN</b>	<p>Veggie Supreme Pizza (v) 93135569</p>	<p>3 Cheese Sicilian Pizza (v) 93135631</p>	<p>Hawaiian Pizza 93128494</p>	<p>Bacon Pizza 93041401</p>	<p>Veggie Hot One Pizza (v) 93128498</p>
	<p>Veg Bolognese Pasta (v) 93102889</p>	<p>Arrabiata Pasta (v) 93147953</p>	<p>Chunky Vegetable Pasta 93137661</p>	<p>Beef Lasagne 93046483</p>	<p>Herby Tomato Pasta (v) 93147954</p>
	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>

Wholegrain \* Oily Fish \*\*\*

## GLOBAL ADVENTURE WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>GLOBAL ADVENTURE</b>	<p><b>MEDITERRANEAN</b> Moroccan Style Chicken Stew 93154842</p> <p>Spiced Cous Cous 93042973</p> <p>Broccoli 93143358</p>	<p><b>CHINESE</b> Five Spiced Beef 93159931</p> <p>Chinese Style Rice 93159971</p> <p>Sweetcorn 93094208</p>	<p><b>BRITISH</b> Roast Pork 93098927</p> <p>Roast Potatoes (oil) 93035127</p> <p>Seasonal Cabbage 93143359</p> <p>Carrots 93065561</p> <p>Gravy 93034775</p>	<p><b>JAPANESE</b> Teriyaki Glazed Chicken Thigh 93128109</p> <p>Pineapple Rice * 93156734</p> <p>Pickled Cucumber Salad 93128253</p>	<p><b>BRITISH</b> Fisherman's Pie *** 93160249 (oily fish)</p> <p>Peas 93065563</p>
<b>HIGH STREET FAVES</b>	<p><b>DEEP SOUTH DINER</b> New York Hot Dog 93142777</p>	<p><b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941</p>	<p><b>DEEP SOUTH DINER</b> Beef Burger 93129200</p>	<p><b>WINGS &amp; THINGS</b> Chicken Mayo Bun 93153888</p>	<p><b>DEEP SOUTH DINER</b> Chipotle Bbq Pork 93080520</p>
	<p>Louisiana Bean Pot 93159955</p>	<p>Cauliflower and Creamed Corn Bake 93130867</p>	<p>Sweet Potato &amp; Black Bean Enchilada 93129220</p>	<p>Butternut Squash Feta Bake 93159973</p>	<p>Quorn Sausage Pattie &amp; Cheese Bun 93133732</p>
	<p>Paprika Potato Wedges (no oil) 93157066</p>	<p>Garlic Bread* (no oil) 93154277</p>	<p>Baked Garlic &amp; Herb Potato Wedges (no oil) 93157067</p>	<p>Cajun Potato Wedges (no oil) 93157065</p>	<p>Garlic Fries 93159936</p>
	<p>Red Slaw 93130896</p>	<p>Southern Greens 93154278</p>	<p>Peas 93065563</p>	<p>Corn on the Cob 93130897</p>	<p>American Style Slaw 93101975</p>
<b>SPEEDY ITALIAN</b>	<p>Veggie Hot One Pizza (v) 93128498</p>	<p>Chicken Supreme Pizza 93128497</p>	<p>Veggie Supreme Pizza (v) 93135569</p>	<p>Bacon Pizza 93041401</p>	<p>Sicilian Cheese &amp; Tomato Pizza (V) 93137894</p>
	<p>Arrabiata Pasta (v) 93147953</p>	<p>Herby Tomato Pasta (v) 93147954</p>	<p>BBQ Chicken Pasta* 93147137</p>	<p>Beef Lasagne 93046483</p>	<p>Italian Chicken Pasta 93147955</p>
	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>

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## GLOBAL ADVENTURE WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>GLOBAL ADVENTURE</b>	<p><b>INDIAN</b> Chickpea and Tomato Masala 93153187</p> <p>Naan Bread 93034973</p> <p>Cucumber Raita 93142255</p>	<p><b>CARIBBEAN</b> Cuban Style Chicken 93159932</p> <p>Wholegrain Rice * 93109633</p> <p>Peas 93065563</p>	<p><b>MEXICAN</b> Beef Birria 93147225</p> <p>Mashed Potato 93095567</p> <p>Roasted Broccoli and Peppers 93159951</p>	<p><b>THAI</b> Chicken Pad Khing 93156732</p> <p>Sweetcorn 93094208</p>	<p><b>BRITISH</b> Home-made Battered Fish Fillet 93105116</p> <p>Chips (oil) 93124814</p> <p>Baked Beans 93036011 OR Peas 93065563</p>
<b>HIGH STREET FAVES</b>	<p><b>DEEP SOUTH DINER</b> Beef Chilli 93129204</p>	<p><b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941</p>	<p><b>DEEP SOUTH DINER</b> Quorn Cheese Burger 93153364</p>	<p><b>WINGS &amp; THINGS</b> Chicken Caesar Burger 93159952</p>	<p><b>DEEP SOUTH DINER</b> Cajun Pulled Pork &amp; Bean Pitta 93147141</p>
	<p>Smoked Houmous and Vegetable Wrap 93159974</p>	<p>Veg &amp; Bean Quesadilla 93086623</p>	<p>Loaded Triple Mac 'N' Cheese 93129233</p>	<p>Bean and Vegetable Chilli 93127708</p>	<p>Feta and Chickpea Cake with Salsa 93086621</p>
	<p>Lemon and Herb Piri Rice 93159956</p>	<p>Pasta Salad * 93122369</p>	<p>Baked Garlic &amp; Herb Potato Wedges (no oil) 93157067</p>	<p>Paprika Potato Wedges (no oil) 93157066</p>	<p>Chips (oil) 93124814</p>
	<p>Corn on the Cob 93130897</p>	<p>House Slaw 93129626</p>	<p>BBQ Beans 93129227</p>	<p>Chop Chop Salad 93153242</p>	<p>Pineapple Coleslaw 93154276</p>
<b>SPEEDY ITALIAN</b>	<p>Veggie Hot One Pizza (v) 93128498</p>	<p>3 Cheese Sicilian Pizza (v) 93135631</p>	<p>Mushroom &amp; Sweetcorn Pizza (v) 93147170</p>	<p>Sicilian Cheese &amp; Tomato Pizza (V) 93137894</p>	<p>Cajun Chicken Sizzler Pizza 93128496</p>
	<p>Cheesy Penne Pasta (v) 93143814</p>	<p>Chicken And Tomato Pasta Bake 93102883</p>	<p>Herby Tomato Pasta (v) 93147954</p>	<p>Carbonara Pasta 93137662</p>	<p>Beef Lasagne 93046483</p>
	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>

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